

HOW TO BE SUCCESSFUL AND HAPPY IN LIFE LEARN HOW TO KEEP YOUR HEART HAPPY

Phil. 2:12-18, “Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling; for it is God who works in you both to will and to do for His good pleasure. Do all things without complaining and disputing, that you may become blameless and harmless, children of God without fault in the midst of a crooked and perverse generation, among whom you shine as lights in the world, holding fast the word of life, so that I may rejoice in the day of Christ that I have not run in vain or labored in vain. Yes, and if I am being poured out as a drink offering on the sacrifice and service of your faith, I am glad and rejoice with you all. For the same reason you also be glad and rejoice with me.” (NKJV)

Phil. 2:12-13, “Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, **WORK OUT** your own salvation with fear and trembling; 13 for it is God who **WORKS IN YOU** both to will and to do for His good pleasure.”

I. IN YOUR LIFE, GOD HAS A PART AND YOU HAVE A PART IN YOUR SPIRITUAL GROWTH.

A. God's part is to work in your salvation.

B. Your part is to work it out.

1. What does it mean to work out your salvation? Notice it doesn't say to work for.
2. You cannot work for your salvation.

I. THE FIRST EXERCISE IS, IF YOU WANT TO BE HAPPY, YOU NEED TO GET UP EVERY MORNING AND YOU NEED TO SAY, “GOD, I THANK YOU THAT YOU'RE GOING TO BE WITH ME TODAY, YOU'RE GOING TO BE IN ME TODAY; AND YOU'RE GOING TO BE FOR ME TODAY.”

A. The first exercise to maintain a healthy heart has to do with fear.

1. Fear is one of the primary reasons that we lose our happiness.
2. When fear comes in the front door, happiness goes out the back door of our lives.
3. Happiness stays gone until fear goes.

B. One of the biggest fears we have is the fear of being abandoned.

1. The fear of being alone.
2. Remember that God is with you; He's in you; and He's for you.

C. Phil. 2:13, “For it is God who works in you both to will and to do for His good pleasure.”

1. God is always working.

D. Not only is God with us and in us, but also the Bible says God is for us.

Rom. 8:31, “What then shall we say to these things? If God is for us, who can be against us?”
(NKJV)

E. The guard dogs in your life are goodness and mercy.

1. God's goodness - God gives you the things you don't deserve.

2. God's mercy - He doesn't give you the things you do deserve.

**IF GOD IS WITH YOU, AND GOD IS IN YOU, AND GOD IS FOR YOU, WHAT IN THE
WORLD ARE YOU DOING BEING DEPRESSED AND UNHAPPY?**